

What do we mean by Peer Encouragement?

Peer Encouragement simply describes a relationship between two people who agree to encourage each other in deeper life issues on a regular basis. In addition to some general areas of encouragement, individuals choose questions they would like to be asked to help them grow in their walk with Christ.

Why encouragement?

It is easy to get discouraged with struggles and spiritual failure in our lives. We do not need spiritual police; we need spiritual encouragers. Sometimes all it takes is a little perspective and encouragement to help us move forward, conquer sin and live spiritually disciplined and fruitful lives. Where there is no regular encouragement, there is little growth or change. We need people in our lives that have the permission to speak into key areas of our lives.

Who makes a good Encouragement Partner?

- Someone who wants to grow in their relationship and walk with God.
- Someone who desires to see you stronger in your walk with Christ.
- Someone you respect.
- Someone you feel you can trust and will keep matters confidential
- Someone who will ask tough questions.
- Someone who will allow themselves to be asked tough questions.
- This person does not need to be a “close friend”, but there should be some degree of compatibility.

Possible struggle areas needing encouragement:

- Devotional times with God
- Missional focus
- Relationship with your spouse
- Relationship with your children
- Spending habits
- Time management
- Pornography
- Alcohol, smoking, drugs etc.
- Areas of temptation
- Personal struggles, etc.

We have raised some standard questions to ask one another, but also suggest each person choose personal questions they would like to be asked. Below are some “examples” of personal questions. You can make up others that are relevant to you.

Were there times this week you did not relate well to your spouse/children? How can you relate more effectively?
Did you go out of your way to communicate love to your spouse/children this week? What could you do so this week?

Did you handle your finances in a way that was pleasing to God this week? How can you do so this coming week?
Did you spend money in a way that created tension for your spouse? How can you rectify that?

Did you use your time well this past week between work, family and ministry? How can you set better priorities?
Did you invest time in God’s kingdom to make it more effective this week? How can you make this more of a focus?

Did you view any sexually inappropriate material this week? What additional boundaries could you put in place?
Did you allow your thoughts to be sexually inappropriate this week? How can you limit temptations in your thought-life?

Did you turn to alcohol, cigarettes or drugs as a means of coping this week? What steps can you take so that will not happen?
Did you give in to any area of temptation this week? How can you avoid that temptation this week?

Did you assume responsibility to help others grow in their walk with God this week? How can you take disciple-making more seriously?



Encouragement Partner:

Phone:

Email:

Contact Day:

Time:

End/Re-evaluation Date:

Standard Encouragement Questions:

- 1) What has God taught you as you spent time with him this past week?
- 2) Are you experiencing increasing victory over sin? If so, how? Are there struggle areas of sin I can pray for?
- 3) In what ways did you make attempts to connect others to God this week?
- 4) How could you become more kingdom-focused this coming week?

Additional Personal Questions:

Hebrews 10:25 (NIV)

*Let us not give up meeting together, as some are in the habit of doing,
but let us encourage one another--and all the more as you see the Day approaching.*